



SCULPTRA

BEFORE TREATMENT INSTRUCTIONS

- **2 WEEKS BEFORE** treatment, avoid vaccines of any kind.
- **2 WEEKS BEFORE** treatment, avoid dental cleanings or dental work.
- **7 DAYS BEFORE** treatment, do not ingest blood thinning medications such as Aspirin, Motrin, Ibuprofen, and Aleve.
- If you have a cardiovascular history, please check with your doctor before stopping the use of blood thinners.
- AVOID herbal supplements, such as Garlic, Vitamin E, Ginkgo Biloba, St. John's Wort, and Omega-3 capsules.
- **24 HOURS BEFORE** treatment, do not drink alcoholic beverages.
- If you have a history of Herpes or cold sores, a course of anti-viral medication before and after treatment is recommended. Please call our office for a prescription.

To ensure your safety, PLEASE RESCHEDULE your appointment if any of the following apply:

- You are currently taking antibiotics, steroids, or any medication that may cause skin sensitivity.
- You have an active infection of any kind—please wait at least two weeks before rescheduling.
- You are pregnant or actively breastfeeding