



# SCULPTRA

## AFTER TREATMENT INSTRUCTIONS

- **Massage the areas treated in a circular motion 5 times daily, for 5 minutes each, for 5 days after treatment.**
- **AFTER 24 HOURS**, you can resume regular exercise and apply makeup.
- **AVOID** extended UV exposure until any redness/swelling has subsided. Be sure to apply sunscreen with an SPF of 30 or higher.
- You may take Acetaminophen/Tylenol if you experience any mild tenderness or discomfort.
- You may apply an ice or cold gel pack to the area(s) treated (avoiding pressure), as this helps reduce swelling and the potential for bruising.
- **FOR 2 WEEKS AFTER** treatment, avoid vaccines, dental work, and laser treatments of any kind

### Contact Our Office:

- If you develop signs of infection (increasing swelling, pain, heat, or surrounding redness) or if the treated area appears to be getting worse.
- If you are experiencing significant pain that is not relieved by the recommended pain medication listed above.
- If you develop severe swelling, redness, or bruising, that does not improve after two weeks.