



PRP INJECTIONS: BEFORE Treatment Instructions

- Discontinue the use of anti-inflammatory medication like Motrin, Ibuprofen, and Aleve (NSAIDS at least 1 week before your treatment and herbal supplements, such as Garlic, Vitamin E, Ginkgo Biloba, St. John's Wort, and Omega-3 capsules.
- Stop taking blood thinners if it is safe to do so by your doctor
- **2 Weeks BEFORE** Avoid getting dental work, oral surgery, and immunizations. Wait at least 2 weeks after treatment before receiving vaccines & dental work too
- If you have a cardiovascular history, please check with your doctor before stopping blood thinners.
- **48 HOURS BEFORE** No alcoholic beverages.
- **24 HOURS BEFORE** Ensure you are well-hydrated in preparation for your treatment.
- If you are receiving PRP Hair injections, please arrive to your appointment with clean, washed hair.

To ensure your safety, PLEASE RESCHEDULE your appointment if any of the following apply:

- You are currently taking antibiotics, steroids, or any medication that may cause skin sensitivity.
- You have an active infection of any kind—please wait at least two weeks before rescheduling.
- You are pregnant or actively breastfeeding