



## MICRONEEDLING

### Pre-Treatment Instructions

- Discontinue Accutane for at least 6 months prior to treatment
- Do not use skin-sensitizing agents (retinoids, exfoliants, AHA/BHA, salicylic acid, hydroquinone, benzoyl peroxide) 5-7 days before treatment. Avoid anti-inflammatory meds (ibuprofen, Motrin, Advil) for 3 days before.
- Avoid IPL/laser/injectable treatments, sun exposure, or sunburn for 2 weeks prior. No waxing, depilatories, or electrolysis 5-7 days before. Shave the treatment area one day prior, not the day of treatment. Moles, warts, or solar keratosis cannot be treated.
- If prone to cold sores, take an antiviral 2 days before and the day of treatment. Avoid blood thinners (aspirin, fish oil, Vitamin E) for 1 week prior, as bruising is common. You may resume the day after treatment.
- Please reschedule your appointment if you've received an injectable treatment (Botox, Filler, Sculptra, etc) within 2 weeks before your microneedling treatment.

Any Questions? Contact us at (702) 919-0017