



CHEMICAL PEELS:

Pre-Treatment Instructions

- Stop any retinoids such as Tazorac, Retin-A, Renova, Differin, Veltin, Adapalene, Atralin or Ziana unless instructed by your physician at least 3 days before
- Avoid chemical & physical exfoliants 5 days before
- Avoid extensive sun exposure 7 days prior
- Discontinue use of Acutane for at least 6 months prior
- If you have a history of cold sores, please let your provider know

To ensure your safety, PLEASE RESCHEDULE your appointment if any of the following apply:

- You are currently taking antibiotics, steroids, or any medication that may cause skin sensitivity.
- You have an active infection of any kind—please wait at least two weeks before rescheduling.
- You have an active sunburn or had a recent spray tan