



INJECTABLES: After Treatment Instructions

Botox / Dysport Injections

- Avoid touching or massaging the area for at least 4 hours post-treatment. Any bumps or swelling will reside within a few hours. Ice packs can be gently applied as necessary
- Avoid wearing tight headwear for a minimum of 4 hours after being injected
- Avoid excessive sun exposure, exercise, and sweating (no saunas, working out, tanning, etc.)
- Avoid any facials/laser treatments directly over the injected areas for at least 2 weeks
- Take acetaminophen for pain if necessary and avoid aspirin products

Dermal Fillers

- Massage the treated area only as directed by the injector
- Apply ice packs as necessary to reduce swelling
- Take acetaminophen for pain and avoid aspirin products
- Avoid any facials/laser treatments directly over the injected areas for at least 2 weeks
- Allow up to 6 weeks for any lumpiness in lips to subside after augmentation